# U. S. Drug Development and Regulatory Oversight of IND Clinical Trials

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### **Agenda**

- Regulatory history
- Drug development process
- FDA's role in drug development

## Why Do We Need Regulation & Oversight?

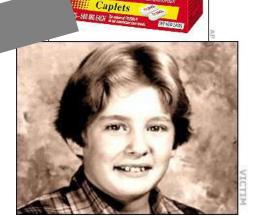
- To minimize risk and determine benefit
- To review the evidence
- To set standards of excellence

FDA Seeks to Penalize Gene Scientist

(Post, Dec. 12, 2000)



7 Die in Tylenol Scare, 1982



## The FDA is the main consumer watchdog for numerous products in U.S



- Drugs and biologics (rx and OTC)
- Food



- Medical devices
- Animal drugs and feed
- Cosmetics



- Radiation-emitting products
- Tobacco





### Structure of the U.S. FDA

- Office of the Commissioner
  - Office of Foods
    - Center for Food Safety and Applied Nutrition (CFSAP)
    - Center for Veterinary Medicine (CVM)
  - Center for Drug Evaluation and Research (CDER)
  - Center for Biologics Evaluation and Research (CBER)
  - Center for Devices and Radiological Health (CDRH)
  - Center for Tobacco Products (CTP)

## Regulations & Guidelines for Drug Development

- FDA (Title 21):
  - Informed consent
  - Institutional Review Boards
  - Financial disclosure by clinical investigators
  - Electronic Records; Electronic Signatures
  - Application to begin clinical trials
  - Application to market new drug
- International Conference on Harmonization (ICH)
   Guidelines

## Major Regulatory Principles

Principle	Year	Legislation	Contributing Factor	
Labeling of biologics	1902	Biologics Control Tetanus antitic		
Labeling of drugs	1906	Pure Food and Drug Act	opium	
Safety	1938	Food, Drug and Cosmetic Act	sulfanilamide	
Efficacy	1962	Amendment to FD&C Act	thalidomide	
Incentives	1983	Orphan Drug Act	Tourette's syndrome	

## Diphtheria/Tetanus: Tragedy of 1901

- 1880-1900s animal anti-sera therapy developed
- Diphtheria antitoxin made from horse serum
- "Jim "Horse was sick with tetanus
- People inadvertently infected by tetanus

#### LOCKJAW IN DIPHTHERIA CURE.

Eight Deaths in St. Louis Supposedly from the Antitoxin.

Special to The New York Times.

ST. LOUIS, Mo., Nov. 1.—Eight deaths have now been reported to the city Health Department as the result of lockjaw, caused, it is said, by the physicians who attended the various cases, by the administration of the city bacteriologist's specially prepared antitoxin for diphtheria. Eleven other children are sick with lockjaw and death is expected to ensue in each case.

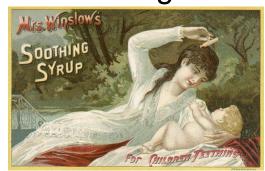
New York Times 11/2/1901

## Biologics Control Act of 1902

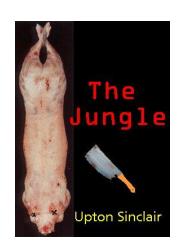
- Annual licensing of establishments to manufacture & sell biologics
- Labeling required with name & license of manufacturer
- Production supervised by qualified scientist
- Inspections were authorized

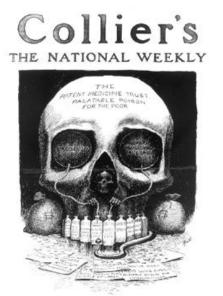
### Misbranding & Adulteration

- Misbranding
  - Misrepresent the contents of a product
  - Omission of pertinent information
  - Usually in writing and with regards to labeling



- Adulteration
  - Change actual substance without authorization
  - Tampering with the product





## The Pure Food and Drug Act of 1906

- Prohibited the manufacture, sale, or transportation of adulterated or misbranded or poisonous or deleterious foods, drugs, medicines, and liquors
- Law required only that drugs meet standards of strength and purity
  - Official standards for drugs
    - US Pharmacopoeia (1820)
    - National Formulary
- Required product labeling to include 11 dangerous ingredients
  - label warnings on habit-forming drugs

### 1937 Elixir of Sulfanilamide

- 353 patients received during a 4 week period
- 107 deaths
  - 34 kids
  - 71 adults
- 30% fatality rate



Elixir of Sulfanilamide

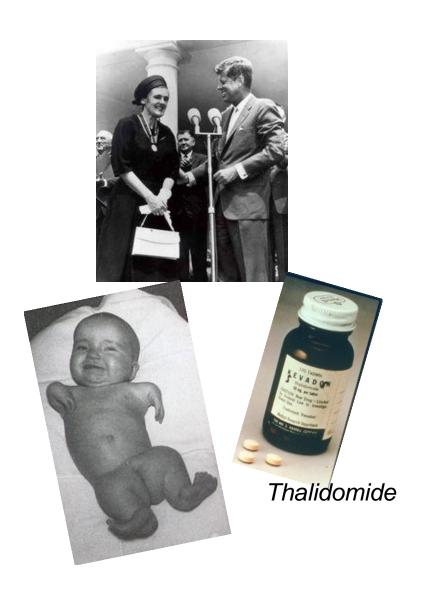
## The Food Drug and Cosmetic Act of 1938

- Prove new products were safe before marketing
- Introduced the New Drug Application (NDA)
- Authorized factory inspections
- Outlawed bogus therapeutic claims
- Required directions/warnings on labels
- Launched the requirement for nonnarcotic prescription only drugs

### **Limitations of FDC Act**

- Proof of efficacy was not required
- Animal testing was not standardized
- Human trials were poorly executed
- FDA did not review a New Drug Application until manufacturer completed testing
- Drugs tested in premarketing trials were exempt from review
- If the FDA failed to consider a NDA within 60 days the drug was automatically approved
- A single FDA reviewer could approve a NDA

### **Thalidomide 1961**



- Commercially available in Europe as a sedative and anti-emetic for pregnancy
- Merrell Pharmaceutical Co in US distributed for investigation use:
  - 2,500,000 tablets
  - 1,270 physicians
  - 20,000 patients
  - 624 pregnant women
  - 10 cases of thalidomide embryopathy

## **Kefauver-Harris Amendments of 1962**

- FDA: monitor all stages of new drug development
  - Comprehensive animal testing before human testing
  - Proof of safety and efficacy mandated
  - Retroactive for products approved <1962</li>
  - Time constraints for review removed
  - Consent required
  - Reporting of Adverse Events
- Good Manufacturing Practice

**Fundamental transformation of the FDA** 

## **Drug Development Process**



- BasicScience
- Drug Discovery
- Preclinical testing



# **Clinical Trials**

- Phase 1
- Phase 2
- Phase 3



**FDA Review** 

S.

- Safe
- Effective
- Approval

### What is a Drug?

- Articles intended for use in the <u>diagnosis</u>, <u>cure</u>, <u>mitigation</u>, <u>treatment</u>, <u>or prevention of disease</u>
- Articles (other than food) intended to affect the structure or any function of the body of man or other animals
- Articles recognized in the official U.S.
   Pharmacopeia, National Formulary,
   Homœopathic Pharmacopæia of the U.S. or any supplement to any of them

Food Drug and Cosmetic Act, sec. 201(g)(1)

## What is a Biological Product?

 "...virus, therapeutic serum, toxin, antitoxin, vaccine, blood, blood component or derivative, allergenic product, or analogous product, ... applicable to the <u>prevention</u>, <u>treatment</u>, or <u>cure</u> of a disease or condition of human beings."

Section 351 of the Public Health Service (PHS) Act

Disclaimer: Drug development refers to both drug and biologic agents

## Essential Roles in U.S. Drug Development

## Sponsor (typically a biopharmaceutical company )

- Entire development
  - Pre-Clinical
  - Clinical
  - Manufacturing
  - Post-approval
- Produces evidence
- Responsible to FDA

## Food & Drug Administration (FDA)

- Reviews data
  - Safety
  - Efficacy
- Grants approval
- Inspections

### Who is a Sponsor?



- Individual
- Pharmaceutical company
- Government agency
- Academic institution
- Private organization
- Other organization











### **Definition of Sponsor....**

- "A person who takes responsibility for and initiates a clinical investigation. ... The sponsor does not actually conduct the investigation unless the sponsor is a sponsor-investigator." (CFR)
- "An individual, company, institution or organization which takes responsibility for the initiation, management, and / or financing of a clinical trial." (ICH)

### ....Definition of Sponsor

- In general, sponsor is commercial manufacturer that has developed a product in which it holds the principal financial interest
- Hold an IND (Investigational New Drug) or IDE (Investigational Device Exemption)
- File for approval after clinical trials conducted

## Public and Private Collaborations

- Roles are interdependent to translate basic research into interventions
- Biopharmaceutical companies are primary source of R&D
- NIH:
  - Provides leadership and funding support to universities, medical schools, research centers and other non-profit institutions
  - Stimulates basic research and early stage development

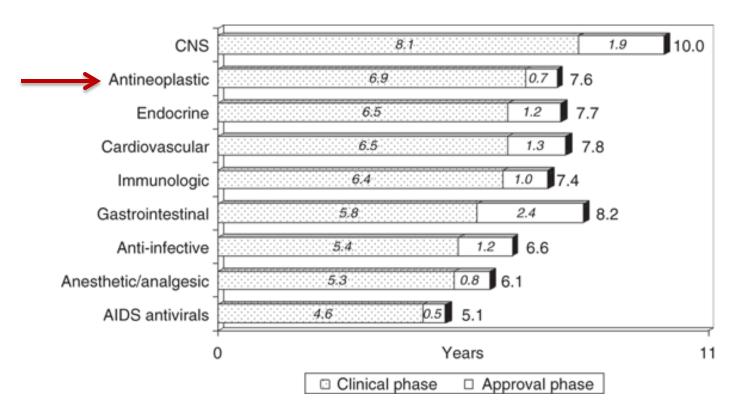
## Drug Development Timeline

	Preclinical testing	Phase I	Phase II	Phase III	FDA	Phase IV
Test Population	Laboratory and animal studies	20-80 volunteers (healthy/ patient)	100-300 patient volunteers	Thousands of patient volunteers	Review and approval process	Additional Post- marketing testing
Purpose	Assess safety and biological activity	Determine safety and dosage	Evaluate activity, continued safety	Evaluate effectives, continued safety		

**AVERAGE**:

Total = 11.5 - 19 + yearsClinical Trials to Approval = 7.5 - 12 years

## Timeline for NME & Biologics in Common Diseases:2005-2009



Kaitin, K.L. & DiMasi, J.A. (2011). Pharmaceutical Innovation in the 21<sup>st</sup> Century: New drug Approvals in the First Decade, 2000-2009. Clinical *Pharmacology & Therapeutics*, *89*(2):183-188.

### **Preclinical Testing**

- Lab and animal testing to determine if the drug is safe enough for human testing
- Series of tests to provide an early assessment of the safety of a lead compound
  - ADME
  - Toxicological
    - Acute toxicity profile
    - Chronic toxicity profile

## Features of a Successful Drug

- Absorbed into the bloodstream
- Distributed to the proper site of action in the body
- Metabolized efficiently and effectively
- Successfully excreted from the body <u>AND</u>
- Demonstrated to be <u>not</u> toxic

### **Drug Formulation**

- Dosage form: capsule, tablet, injection, elixir, other
- Additive: filler, lubricant, coating, stabilizer, color, binder, disintegrator
- Bioavailability
  - Subcategory of absorption
  - Describes the fraction of an administered dose reaches systemic circulation
- Ease of use

## Application to Begin Clinical Trials

- Investigational New Drug (IND) Application
- Documentation that allows investigational clinical testing of a new drug
- Must be filed with FDA before drug administered to humans
- Provide mechanism so FDA can allow interstate shipment of drug not yet approved for marketing

### **IND Sections**

- FDA Form 1571
- Table of contents
- Intro statement
- General investigative plan
- Investigator's Brochure (IB)
- Clinical protocols

- CMC (chemistry manufacturing and control) data
- Pharmacology & toxicity data
- Previous human experience
- Additional information

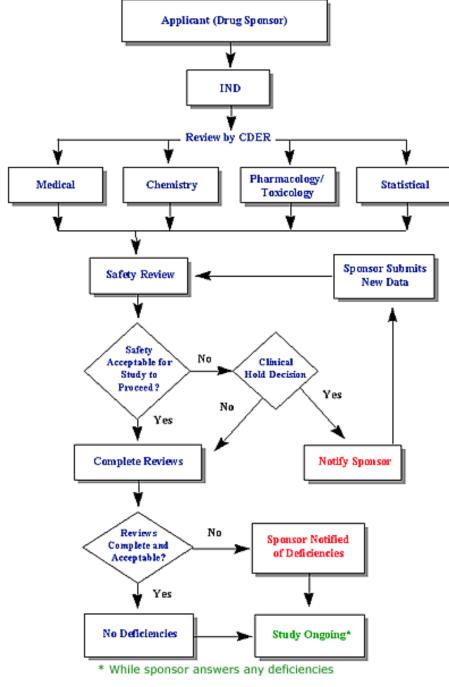
### Types of INDs

- Commercial
  - Goal is to obtain FDA-approval to market
- Non-commercial
  - Investigator-held IND (Research IND)
  - Emergency Use IND
  - Treatment IND
  - Exploratory IND (Screening or Micro-dose)

#### **IND Review**

#### 30-day review

- Medical
- Chemistry
- Pharmacology & toxicology
- Statistical



Source: FDA

## Application to Market New Drug or Biologic

## New Drug Application (NDA)

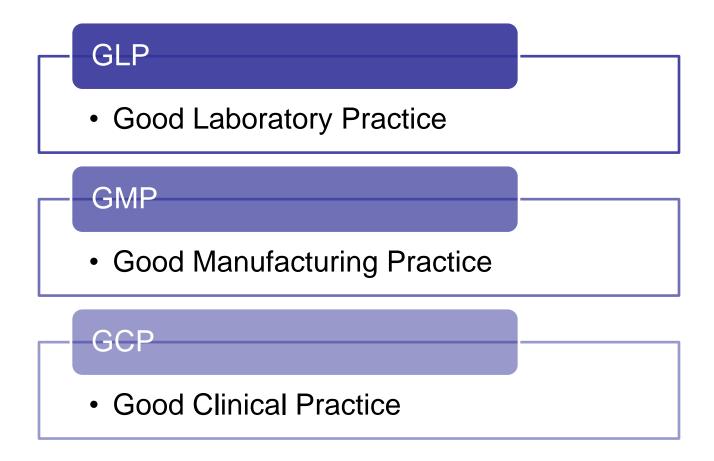
Demonstration of <u>efficacy</u> with acceptable <u>safety</u> in adequate and well-controlled studies

#### Biologic License Application (BLA)

- Products meets standard designed to insure continued <u>safety</u>, <u>purity</u>, <u>and potency</u> of the product
  - "Potency" interpreted as "efficacy"

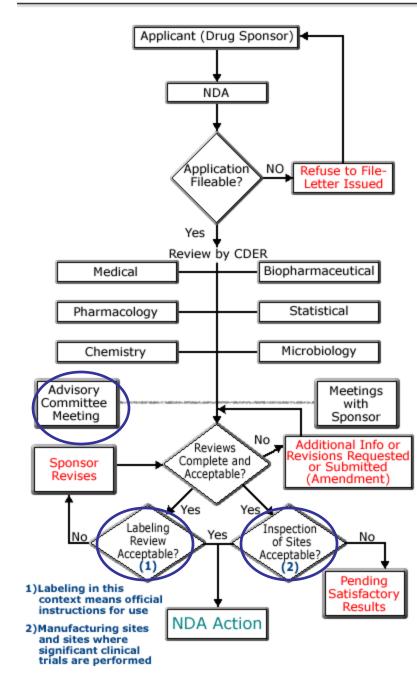
### **U.S. Review and Approval**

Evaluated based on standards of Excellence



## Review Process

- Medical
- Pharmacology
- Chemistry
- Biopharmaceutical
- Statistical
- Microbiology



Source: FDA

### **Product Label**

- Federal government licenses for interstate commerce a <u>claim about the use of a product</u> that is determined to be safe and effective
- A product is not licensed without a use
- Each specific use is termed an Indication
- A product may have more than one Indication
- The license and description of the safe and effective use of the product is in the approved package insert (product label)

## **Expediting Review and Approval Processes**

- Goal: Make therapeutically important drugs available at an earlier time without compromise to safety and effectiveness
- Approaches:
  - Fast Track
  - Priority Review
  - Accelerated Approval
  - Breakthrough Therapy (new program)

### **Orphan Diseases & Drugs**

- Disease prevalence <200,000 in U.S.</li>
- 7, 000 diseases classified as rare/orphan
- Limited \$ incentive to develop drugs
- Orphan Drug Act of 1983
  - Exclusivity (2 extra years)
  - Additional incentives



Quincy, M.E.

### **Marketing Exclusivity**

New Chemical Entity
 5 years

"Other" Exclusivity
 3 years

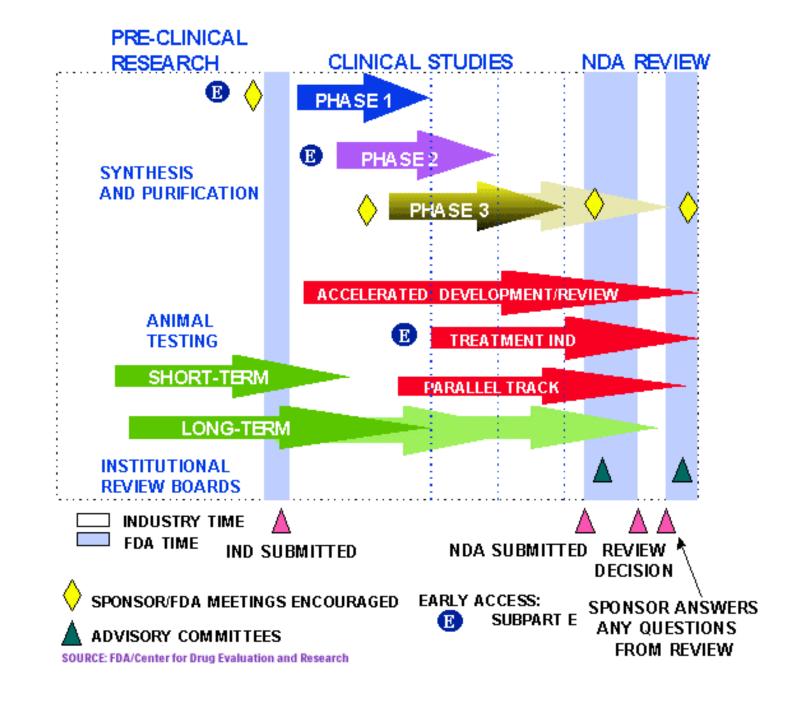
 supplemental use of an already approved product

Pediatric Exclusivity 6 mo

added on

Orphan Drug
 7 years

Patent: 20 years from date of filing

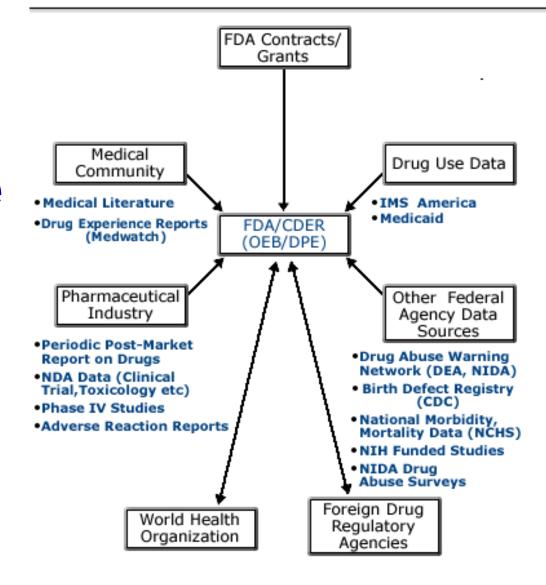


### **Post Approval**

- Phase 4 Studies
- Supplemental NDA
  - Manufacturing and control methods
  - Dosage form or route of administration
  - Indication
  - Ingredients or strength
  - Dosage schedule
  - Labeling
  - Container and closure system
- Periodic and annual reports to FDA
- Post marketing surveillance for safety

(For Post-Marketing Surveillance and Risk Assessment)

### Post-Marketing Surveillance



## Potential Regulatory Action for Post-marketing Safety Issues

- Labeling Change
- Scientific publication
- "Dear Doctor" letter (for specific warnings)
- Restricted use
- Restricted distribution
- Patient Medication guide
- Product withdrawal

### Taxol's Development...

- 1962: samples collected by researchers from USDA under contract with NCI
- 1964: extracts from bark contained cytotoxic activity
- 1965: began identification and purification of the extract's most active component – <u>paclitaxel</u>
  - NCI assigned the compound an NSC number
- 1977:
  - NCI confirmed antitumor activity in mouse melanoma model
  - Dr. Susan Horwitz from Albert Einstein College of Medicine of Yeshiva University found mechanism of action

### ...Taxol's Development...

- Acquisition and formulation issues:
  - Difficulties harvesting Taxol and complexities involved in synthesizing the compound
    - Method was derived to extract a precursor of Taxol from the common yew
  - Difficult to formulate into a delivery system acceptable for human use
    - Formulated in an ethanol, cremophor, and saline solution

### ...Taxol's Development...

- 1984: NCI began phase I clinical trials in CC
- 1991: NCI signs a cooperative agreement with BMS to commercialize
  - No patent filed
  - BMS received 5 years marketing exclusivity
- 1992: FDA approved for ovarian cancer1994
  - FDA approved for breast cancer
  - FDA approved semi-synthetic version of Taxol

### ...Taxol's Development

- 1997: FDA approved for AIDS-related Kaposi Sarcoma
- 1998: FDA approved in combination with cisplatin for NSCLC
- 1999: FDA approved in combination for adjuvant breast cancer
- 2000: FDA approved generic version (Onxol)

## IND not required for marketed products

- Generally not required when <u>all</u> criteria met:
  - No intent to support new use or labeling change
  - No intent to support change in advertising
  - No factor such as route of administration, dosage, or study population significantly increases risk
  - Compliance with FDA informed consent and IRB review requirements
  - No promotion or representation of product as safe or effective treatment for condition under study



### **FDA Enforcement Powers**

- Administrative
  - Inspections
  - Form FDA 483
  - Warning Letters
  - Delay, suspension or withdrawal of product approval

- Judicial Action by the <u>US Dept. of</u> <u>Justice</u>
  - (serves as trial counsel to the FDA)
    - Injunctions
    - Civil seizures
    - Criminal actions

### FDA Audits & Inspections

- Manufacturing: GMP
- Laboratory (animal):
   GLP
- Clinical Sites: GCP
  - Study Oriented Inspections
    - Data verification
    - Pivotal study
  - Investigator-Oriented Inspections
    - Extensive investigation
    - Multiple studies



### **FDA Inspections**

- FDA will often assess the validity of data and safety and protection of human subjects through on site inspections of clinical investigators, sponsors and IRBs
- Bioresearch Monitoring (BIMO) Program

### **Types of Inspections**

- For-Cause Inspections (Complaints)
  - Based on complaints from any source
  - Allegations that raise concerns regarding data integrity or the rights, welfare, and safety of study subjects have been compromised
- PDUFA-Related Inspections (NDA)
  - Done in support of marketing applications
  - Pivotal studies
    - Foreign inspections when study not conducted under IND or data in support of application is only from foreign sites
  - Also may be referred to as "Routine" Inspections

### What FDA Inspects

#### The FDA Inspection compares

- → Source Document Medical Record Data vs
- → Case Report Forms
  vs
- → Data Listing Submitted to NDA

### **FDA Inspection**

### Verify:

- Source of subjects; Did subjects exist?
- Did they meet inclusion/exclusion criteria?
- IRB Review Obtained? Consent obtained?
- Adherence to protocol?
- Verify primary efficacy measurements
- Adverse events?
- Safety data: Labs, EKG etc.
- Drug Accountability? Blinding of data?

# Roles & Responsibilities of the IND Sponsor

### Role of the Sponsor

- Maintain effective IND with respect to the investigations
- Select qualified investigators
- Provide investigators with information needed to conduct study properly
- Ensure:
  - Study is conducted in accordance with the general investigational plan and protocols contained in the IND
  - FDA and all participating investigators are promptly informed of significant new adverse effects or risks with respect to the drug
  - Proper monitoring of the investigation
  - Adequate recordkeeping and record retention

### **IND Amendments**

- Any document from the sponsor in support of their IND
- Made at any time during the life of the IND
- Types of amendments
  - Protocol Amendments
  - Safety reports
  - Annual reports
  - Information Amendments

## FDA From 1571 page 1

Submitted with the initial IND submission and each subsequent submission to the IND

Acknowledgment letter

IND or BB-IND #

No	ext Page Export Di	ata Import Data	Reset Form
DEPARTMENT Fo INVESTIGATION (786 21, Code of	Form Approved: CMB No. 0910-0014 Expiration Date: April 30, 2015 See PMS Statement on page 2. NOTE: No drugbiologic may be shipped or clinical investigation begun until an NIO for that Investigation is in selfect (2 OFR 312.40)		
Name of Sponsor			2. Date of Submission (mmHddfyyyy)
Sponeor Address Address 1 (Street address, P.O.	Telephone Number (Include country code if applicable and area code)		
Address 2 (Apartment, suite, uni	it building floor etc.)		
City	State/Province	Region	
Country	28	P or Poetal Code	
Name(s) of Drug (include all ava	ilable namez: Trade, Generic,	Chemical, or Code) Contin	(ND Number (If previously stolgned)  ustion for #5
(Proposed) Indication for Use	is this	indication for a rare disease (pr	svalence <200,000 in U.S.)?
		this product have an FDA in Designation for this dion?	If yes, provide the Orphan Designation number for this Indication:  Continuation Page for #F
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## FDA From 1571 page 2

The FDA has 30-days to review the protocol. FDA will not contact sponsor if all is OK to proceed, only if a "hold" is needed.

	Next Page					
13. Contents of Application – This application contains the following items (Select all that apply)						
1. Form FDA 1571	(21 CFR 312.23(a)(1))		6. Protocol(x) (C	ontinued)		
2. Table of Contents (21 CFR 312.23(a)(2))			d. Inettuti	d. Inattutional Review Board data (21 CFR 312.23(a)(6)(iii) (b)) or completed Form(a) FDA 1572		
3. Introductory statement (21 CFR 312.23(a)(3))			T. Chemistry, manufacturing, and control data  7. Chemistry, manufacturing, and control data			
4. General Investigational plan (21 CFR 312.23(a)(3))			(21 CFR 312.	(21 CFR 312.23(a)(7))		
5. Investigator's brochure (21 CFR 312.23(e)(5))			☐ Environme	ental assessment or claim for exclusion		
6. Protocol(s) (21 CFR 312.23(s)/6))				(21 CFR 312.23(a)(7)(h)(a))  8. Pharmacology and toxicology data (21 CFR 312.23(a)(6))		
a. Study protocol(n) (21 CFR 312.23(n)(6))				9. Previous human experience (21 CFR 312.23(a)(9))		
<ul> <li>b. Investigator data (21 CFR 312.23(a)/5)(48(b)) or completed Form(a) FDA 1572</li> </ul>			and the same of th	10. Additional information (21 CFR 312.23(a)(10))		
<ul> <li>c. Facilities data (21 CFR 312.23(a)/6)(iii)(b)) or completed</li> </ul>		11. Biosimilar Us	11. Biosimilar User Fee Cover Sheet (Form FDA 3792)			
Form(s) FDA 1572			12. Clinical Trial	12. Clinical Trials Certification of Compilance (Form FDA 3674)		
14. Is any part of the clinical study to be conducted by a contract research organization?						
	obligations be transferre			Yes No		
			ntract research organizati erred (use confinuation pe			
15. Name and Title of the p						
16. Name(s) and Title(s) of	The person(x) responsit	ble for review and eve	lustion of information rele	want to the safety of the drug		
Lagree not to begin of	inical investigations	until 30 days afte	r FDA's receipt of the	IND unless I receive earlier notification		
				investigations covered by the IND if those		
				teview Board (IRB) that complies with the		
requirements set forth in 21 CFR Part 56 will be responsible for initial and continuing review and approval of each of the studies in the proposed clinical investigation. I agree to conduct the investigation in accordance with all other applicable						
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### **Investigator Selection**

- Assess qualification of PI and Subinvestigators
  - Qualified by training & experience
  - Ability to supervise administration of product
  - Investigational Product shipped to them
- Assess site (physical plant capabilities).
   Examples:
  - Is there adequate pharmacy space for drug storage?
  - Are there SOPs for freezer alarms?

### **Informing Investigators**

- All investigators must be fully informed of investigational product research findings
  - Investigator Brochure
  - Reprints / published articles
  - Reports / letters to investigators
  - IND Safety Reports







### **Monitoring of Clinical Trials...**

- Medical Monitor
  - Individual responsible for the development and oversight of all clinical trials in a portfolio of study agents
- Monitor clinical trial conduct
- Review and evaluate
  - Safety and effectiveness data
  - Investigator compliance with:
    - Protocol
    - CFR
    - GCP

### ...Monitoring of Clinical Trials

- Sponsor must have written monitoring procedures (SOPs) to assure the quality of the study and ensure that each person involved carries out their duties
- SOPs should include:
  - How often will visits occur
  - Who will attend
  - What will be reviewed
  - How will problems be resolved
  - Communication flow

## Potential Actions for Non-compliance

- Secure compliance OR stop product shipments to the investigator
- Terminate the investigator's participation in the study
- Secure return or disposal of investigational product

### Recordkeeping and Record Retention

- Drug Accountability
- Financial interests
- Records and reports
- Test article

### **Drug Accountability**

- Records showing:
  - Receipt
  - Shipment
  - Other disposition of the investigational drug
- Include, as appropriate:
  - Name of investigator who was shipped the drug
  - Date
  - Quantity
  - Batch or code mark of each such shipment

### **Financial Interests**

- Financial interest paid to clinical investigators by the sponsor
- Maintain complete and accurate records concerning all other financial interests of investigators

### **Records and Reports**

- Applies to investigational drug records, investigator financial interest records, and patient case histories (medical record and case report forms)
- Timeframe
  - 2 years after a marketing application is approved
  - If application not approved, 2 years after shipment and delivery of the drug for investigational use is discontinued and the FDA has been so notified

### **Test Article**

- Reserve samples of any test article and reference standard identified in, and used in any of the bioequivalence or bioavailability studies described
- Release the samples to FDA upon request

### Withdrawal of IND

- Can do so at any time prejudice
- FDA shall be so notified
- All clinical investigations conducted under the IND shall be ended
- All current investigators notified
- All stocks of the drug returned to the sponsor or otherwise disposed of
- If withdrawn for safety, sponsor shall promptly inform FDA, all participating investigators, and all reviewing IRBs with reason

### Questions

Thank you to Maureen Edgerly for many of the FDA history slides.